



EVEREST COLLEGE OF NATURAL MEDICINE
Provider No: 2004/54554.OR

DIPLOMA OF REMEDIAL MASSAGE
[HLT 50302]

COURSE OUTLINE

- **HEALTH INDUSTRY UNITS**

HCIPP01 - Infection Control & Hygiene

6 Hours

This unit covers the competencies where participants should be able to: hand wash correctly; disinfect massage equipment correctly; complete material safety data sheets; and reduce infection hazards and risks in the workplace.

HDPE02 - Develop professional expertise

9 Hours

This unit covers the competencies required to initiate and maintain continual development of professional skills and knowledge in the complementary healthcare industry, and to contribute to the knowledge base of a specific healthcare practice.

HDPE02A - Health Research

20hours

This unit will develop students' awareness of the context of their practises within an historical framework, and contemporary philosophical debates.

HDPE02B - Networking

20 hours

This unit will develop students' awareness of and involvement with the resources, associations and activities available for them to access for their ongoing professional development.

- **BIO-SCIENCES UNITS**

BIOS01- BIOS03 Anatomy, Physiology and Pathology

72 hours

These Units teach the fundamentals of all the medical, allied medical and health professions, commencing with common medical terminology; basic anatomical concepts and relations; Human body systems and regions; basic structures and functions; developmental considerations; and pathological and physiological processes.

BIOS04 – Wet Lab

12 hours

The wet lab is an adjunct to the Anatomy, Physiology and Pathology Unit, to be taken on completion of module BIOS01-3.

- **BUSINESS UNITS**

BPC01 - Professional Communication

18 hours

Effective communication is a basic skill in any vocational setting. This can only be heightened given the stakes for clients and colleagues in the Health Industry. In this session participants will learn and apply some of the most successful techniques from both the organisational psychology and acting domains. This synthesis will provide a sound foundation for lifelong discovery and engagement in professional discussion in this ever-developing field.

BAP02 - Administer a practice

18 hours

This Unit provides participants with key operational knowledge and skills to manage a small business practice in the health industry. Participants will have the opportunity to start building the foundations of their own practice.

BOHS03 – Occupational Health and Safety (OHS)

9 Hours

All employers and employees in Australia have clear OHS legislative responsibilities. Participants will become aware of these responsibilities and the key OHS concepts in practical application.

- **MESSAGE UNITS**

MCIT01 - Client Intake and Treatment

12 hours

Students learn to conduct an effective Client Intake and perform a basic Physical assessment. They also learn to interpret the assessment information and develop a treatment plan.

MCPR02 - Client Professionalism and Referrals

6 hours

This unit covers the Therapeutic relationship (including referrals), and professional standards and boundaries between the Massage Therapist and the patient. It also covers the Legal issues and implications involved in treatment of a patient.

MDTM03 - Body & Table Mechanics

3 hours

In this unit, students learn how to use equipment for massage tables, seated massage apparatus and other equipment. Students also learn to have good posture whilst conducting a massage.

MIC04 - Indications and Contra-indications for Therapeutic Massage

3 hours

Identifying indications for Massage therapy is an essential skill. Identifying local and absolute contra-indications of Massage therapy is also an essential skill.

MMT05 - Massage Therapy & Techniques

21 hours

This Unit identifies the many different Massage Manipulations and Techniques that can be applied in practise. Students also learn the 'know-how' of how to apply such massage manipulations and techniques through workshop style teaching.

MMW06 - Massage Workshop**36 hours**

These classes will consolidate knowledge and skills gained in previous sessions and address any knowledge or skill gaps. Any participant knowledge/skill gaps will be work-shopped and reviewed in subsequent session, giving participants the opportunity to demonstrate the attainment of competence.

MECP07 - External clinical placement**100 hours**

Students are required to complete external clinical placement for work experience as Massage Therapists.

MCTHP08 - Complementary Therapies**30 hours**

These exercises will further develop students' awareness of the historical and philosophical framework of Massage Therapy.

MARO09 – Aromatherapy**9 hours**

Students will learn the fundamentals of Aromatherapy as an adjunct, complementing their remedial massage skills.

FIRST AID**20 hours**

Senior First Aid is to be completed externally.

Total Hours: 424