



EVEREST COLLEGE OF NATURAL MEDICINE
Provider No: 2004/54554.OR

CERTIFICATE IV MASSAGE
[HLT 40302]

COURSE OUTLINE

• HEALTH INDUSTRY UNITS

HCIPP01 - Infection Control & Hygiene

6 Hours

This unit covers the competencies that participants should be able to: hand wash correctly, disinfect massage equipment correctly, complete material safety data sheets and reduce infection hazards and risks in the workplace

• BIO-SCIENCES UNITS

BIOS01- BIOS02 Anatomy, Physiology and Pathology

48 hours

These Units teach the fundamentals of all the medical, allied medical and health professions, commencing with common medical terminology, basic anatomical concepts and relations; the Human body systems and regions, basic structures and functions; developmental considerations; pathological and physiological processes.

• BUSINESS UNITS

BPC01 - Professional Communication

18 hours

Effective communication is a basic skill in any vocational setting. This can only be heightened given the stakes for clients and colleagues in the Health Industry. In this session participants will learn and apply some of the most successfully techniques from both the organisational psychology and acting domains. This synthesis will provide a sound foundation for lifelong discovery and engagement in professional discussion, in this ever developing field.

BAP02 - Administer a practice

18 hours

This session provides participants with the key operational knowledge and skills to manage a small business practice in the health industry. Participants will have the opportunity to start building the foundations of their own practice.

BOHS03 – Occupational Health and Safety (OHS)

9 Hours

All employers and employees in Australia have clear OHS legislative responsibilities. Participants will become aware of these responsibilities and the key OHS concepts in practical application.

- **MESSAGE UNITS**

MCIT01 - Client Intake and Treatment**12 hours**

Students learn to conduct an effective Client Intake and perform a basic Physical assessment. They also learn to interpret the assessment information and develop a treatment plan.

MCPR02 - Client Professionalism and Referrals**6 hours**

This unit covers the Therapeutic relationship (including referrals), Professional standards and Boundaries between the Massage Therapist and patient. It also covers the Legal issues and implications involved in treatment of a patient.

MDTM03 - Body & Table Mechanics**3 hours**

In this unit students learn how to use equipment for massage tables, seated massage apparatus and others. Students also learn to have good posture whilst conducting a massage.

MIC04 - Indications and Contra-indications for Therapeutic Massage**3 hours**

Identifying indications for Massage therapy is an essential skill. Identifying local and absolute contra-indications of Massage therapy is also an essential skill.

MMT05 - Massage Therapy & Techniques**21 hours**

This module identifies the many different Massage Manipulations and Techniques that can be applied in practise. Students also learn the 'know-how' of how to apply such massage manipulations and techniques through workshop style teaching.

MMW06 - Massage Workshop**36 hours**

These classes will consolidate knowledge and skills gained in previous session and address any knowledge or skill gaps. Any participant knowledge/skill gaps will be work-shopped and review in subsequent session, to give participants the opportunity to demonstrate the attainment of competence.

MECP07 - External clinical placement**50 hours**

Students are required to complete external clinical placement for work experience as a Massage Therapist.

FIRST AID**20 hours**

Senior first Aid to be completed externally

Total: 250 hours